

Our Philosophy

Youth and families have the capacity for change.

Effective services provide information/ support to allow youth and families the chance to change.

Times of crisis present opportunities for change.

The family is a resource for solutions to problems.

Effective services are built upon partnerships between youth, families and professionals.

“Things do not change; WE change.”
~ Henry David Thoreau

East Alabama Mental Health Center
Family and Children’s Services
2300 Center Hills Dr. Bldg II
334-742-2112 Phone
334-742-2138 Fax

For After- Hours emergencies
or to request new services:
(334) 742-2877
or (800) 815-0630

“Our greatest glory consists not in never falling, but in rising every time we fall.”
~ Oliver Goldsmith



EAST ALABAMA
MENTAL HEALTH-
MENTAL RETARDATION
CENTER



Family and Children’s Services
East Alabama Mental Health Center

Adolescent Substance Abuse Treatment Program

The Adolescent Substance Abuse Treatment Program provides community-based substance abuse treatment for youth ages 13 – 17. Program components include Outpatient Counseling and Continuing Care, based on treatment approaches with proven effectiveness.

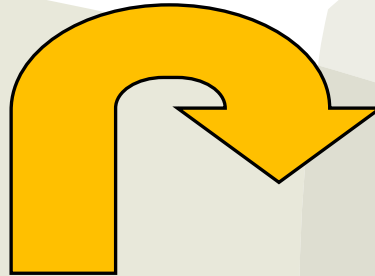
Treatment modalities include:

- Individual, group and family counseling
- Parent & Youth education groups
- Community Service
- Case Management
- Medication Assessment
- Daily Living Skills

Program goals include improved functioning in all major life domains and reduced recidivism in the juvenile justice system. Services will be family- focused and multi-dimensional in their approach. Services are available at non-traditional hours.

BEGINNING THE PROGRAM:

After screening and assessment, youth who are identified as appropriate for outpatient treatment are admitted to the program. Over the next 12 weeks, youth and their parents/guardians participate in a series of individual, group, and family sessions. Home visits and case management services are provided to assist in developing an environment that supports abstinence from alcohol and drugs.



**TAKE THE ROAD TO
RECOVERY.
U-TURNS ALLOWED**

COMPLETING THE PROGRAM:

Upon completion of the active phase of the program, or after completing a residential treatment program, youth enter the Continuing Care phase. Case management, family support groups, and youth activities provide ongoing support for 3 months.



**“A journey of a thousand
miles begins with one step.”
~Lao Tzu**

Since 1974, EAMH has served youth and their families through substance abuse prevention programs and services for youth with Serious Emotional Disturbances. EAMH provides a wide range of programs to address the needs of youth and their families.

Youth may be referred by Juvenile Court, residential treatment programs, DHR, EAMH therapists, schools, parents, or by self-referral.