

THE ROLE OF PREVENTION SERVICES IN YOUR COMMUNITY

ADVOCACY

We advocate for strong policies in our communities that promote healthy lifestyles.

COMMUNITY OUTREACH

We provide information and public awareness at Parenting Expos, Health Fairs, and Town Hall meetings.

COMMUNITY COALITIONS

We take an active role in the development of inter-agency and community-wide coalitions with a focus on decreasing under-age drinking and reducing substance abuse. Such efforts include: AUBURN CARES, the STAMP committee at Auburn Junior High School, and the Lee County Children's Policy Council.

AUBURN CARES

Coalition Advocating for Responsible Environments

We will partner to empower our community's youth and all who influence and guide them, to make alcohol-free lifestyle choices.

CHECK THIS OUT

SUGGESTED RESOURCES FOR FAMILIES

<http://familyfun.go.com>

Provides arts & crafts how-to's for all ages, family games, seasonal activity ideas, family-friendly recipes, party planning ideas/themes, printable coloring sheets, how-to videos, and much more for the active family

<http://myparents.com>

Informs parents about communicating with teens, underage drinking, and ideas for strengthening family values. Information provided on this site is based on the extensive research of the Search-Institute.

<http://www.parents.com>

Provides information on a wide range of topics for parents such as, marriage and divorce, better parenting, health & well-being, work, money, and entertainment

<http://www.theantidrug.com>

Offers advice and information for parents on communicating with teens about difficult topics such as drugs, alcohol, and other risky behaviors



THE STATE DEPARTMENT OF MENTAL HEALTH PROVIDES FUNDING FOR PREVENTION SERVICES.

SUBSTANCE ABUSE PREVENTION SERVICES



Family and Children's Services
East Alabama Mental Health Center

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EAST ALABAMA
MENTAL HEALTH-
MENTAL RETARDATION
CENTER

ABOUT US

East Alabama Mental Health Center is a public non-profit community based agency that provides a variety of behavioral and mental health services to citizens living and working in Lee, Russell, Chambers, and Tallapoosa Counties.



East Alabama Mental Health Center provides prevention services to children and adults to enhance the development of healthy life management skills.

PREVENTION SERVICES



SCHOOL BASED PROGRAMS

Classroom presentations on personal safety, substance abuse, life skills, and conflict resolution

AFTER-SCHOOL AND SUMMER PROGRAMS

Educational and alternative recreational activities for youth, ages 5-18, during after school hours, Spring Break, and summer that promotes decision-making skills, anger management skills, communication skills, resistance to peer and media pressure, and job readiness

PARENT WORKSHOPS

A variety of workshops on topics related to parenting, child abuse, and stress management

PARENT POWER

Educational groups for parents of young children, school-age children, adolescents, and children with special needs

Y. E. P.

Youth Empowerment Program groups provide substance abuse prevention education to adolescents and their parents who are referred by schools or Juvenile Court

WHERE WILL YOU SPOT A PREVENTION SPECIALIST?

Providing classroom presentations in local schools

Leading activities in after-school and summer recreational programs

Advocating in the community for policy changes that encourage a healthy community

Sharing parenting tips at Parent Expos

Discussing Stress Management at Health Fairs

Bringing the community together to address specific issues related to substance abuse and violence at a Town Hall meeting

Working with students to promote active and drug-free lifestyles at athletic events

Talking with parents about how to communicate with their teens

Increasing public awareness about substance-abuse issues through the media such as newspaper articles, and radio/TV presentations

Collaborating with community agencies to develop coordinated efforts to reduce under-age drinking and drug use

