

# Our Purpose

Special Deliveries focuses on ways to strengthen families and prevent child abuse through education, social support and therapeutic services. We challenge the families we serve to constantly nurture and protect the children in their lives.

## Our participants say . . .

"The Special Deliveries program is very good for moms and moms-to-be. The program helps you to deal with problems such as stress. It is encouraging to have someone to come by and talk to you and make sure everything is okay." -L.H.

"Special Deliveries has given my child a chance to meet and play with children her own age and me the chance to talk with other mothers about children and their problems." -A.W.

"The program has taught me a lot of things about being a good and responsible parent. I would recommend this program to anyone who needs support and advice." -L.W.

Special Deliveries is sponsored by Family and Children's Services of East Alabama Mental Health Center. Funding is provided by the Alabama Department of Mental Health, Children's Trust Fund, United Way of Lee County, and local area city and county governments.



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# Special



# Deliveries

A program for young mothers & their families to show them we care and want to help

Family and Children's Services of  
East Alabama Mental Health Center

# Our Children Need So Many Things:



- Love
- Support
- A good Role Model
- Guidance
- Attention
- A Safe Place to Live
- Clothing
- Healthy Meals
- Peers
- Time

## Special Deliveries can help by:

Providing information on caring for young children through the research based curriculum, **Parents as Teachers**.



**Referrals** to other agencies for help with childcare, child support, health insurance, schooling, employment, housing assistance, and therapeutic services.

**Transportation** as needed to and from group meetings & necessary doctor's appointments.



**Educating parents** through in-home visits.



**Providing clothing** and other baby items through our "Baby Bucks" program.



## How do you sign up?

Call **(334) 742-2112** and ask for the Special Deliveries Program. Our staff members will talk with you about our services and help you get started.



## Parents as Teachers

PAT is an award-winning early childhood parent education curriculum designed to help all parents give their children the best possible start in life. It has been successful nationwide with improved school readiness and intellectual functioning.

